

## PERSONAL TRAINING / YOGA RATES

Try a few sessions or sign-up for a membership for the best rates! Please contact us for group pricing. Payment plans are available.

- Individual sessions, \$85.00 each
- Individual group sessions, \$100.00 each

### **Three Month Membership**

- 1x week (\$60 per session) \$300
- 2x a week (\$55 per session) \$550
- 3x a week (\$50 per session) \$775

### **Six Month Membership**

- 1x week (\$55 per session) \$275
- 2x a week (\$50 per session) \$525
- 3x a week (\$45 per session) \$725

### **Twelve Month Membership**

- 1x week (\$50 per session) \$250
- 2x a week (\$45 per session) \$450
- 3x a week (\$40 per session)

### **Celebrity Boot Camp**

- 1 person: \$600.00
- 2 people: \$350.00 (per person)

## **OTHER SERVICES**

### **Childcare**

\$20.00 per session

### **In-Home Massage**

\$150.00 for 60 minutes

\$250.00 for 120 minutes

Gift certificates are available for any program. We require that sessions be paid for in advance. All major debit and credit cards are accepted. Enrolling in a monthly membership requires monthly automatic payments. Payments may be split into two monthly installments. Up to five sessions may be transferred over to the next month. Sessions expire after 90 days.

